



June 15, 2010

Ramp Build Project a HUGE Success!!

Thanks to the tireless efforts of MedStar employees **Joe Pruitt, Nathan and Laura Chapin and Lonna Minardi**, our work with the Texas Ramp Project on June 12 was a huge success!! It is now much easier for Mr. Stefano come and go from his home, providing him a freedom and autonomy not previously possible. As you will notice in the photo's below, this was a major project and we are all very proud of Joe, Laura, Lonna and Nathan for their contribution to this cause!

Fall 2010 Citizen EMS Academy Registration Now Open

Applications are now open for the Fall 2010 MedStar EMS Citizen's Academy. During the six week program, participants are educated on how your EMS system operates, learn how to operate the equipment carried on MedStar ambulances, attain CPR certification, complete field rides on MedStar units and "plug in" to the MedStar Communications Center during communications center rotations. Last session's 12 graduates praised the program and two actually have applied for employment at MedStar!

To register for the Fall 2010 program, visit www.medstar911.org/citizen-academy

System Performance Monthly Summary June 1—June 14, 2010

Call Priority	# of Calls	On Time %	Avg. Resp. Time
1	917	91.3%	00:05:16
2	1683	94.1%	00:05:33
3	1307	92.8%	00:07:27
Total	3907		

Response time goals(90% of time):

- Priority 1 9 min. or less
- Priority 2 11 min. or less
- Priority 3 15 min. or less

MedStar Employees Recognized for Historic Response Time Performance

All MedStar employees who worked during the months of April and May 2010 have been awarded special uniform pins commemorating MedStar's achievement of record response time compliance. As MedStar continues to achieve response time compliance, new employees will be provided the same recognition for their contributions to the achievement!



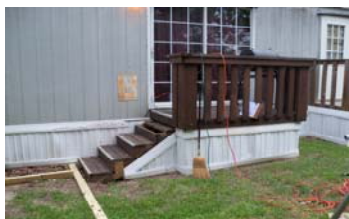
90 Days of Summer Safety: Preventing Heat Stroke

Heatstroke is a life-threatening problem that occurs when the body suffers from long, intense exposure to heat and loses its ability to cool itself. Heatstroke occurs when the body fails to regulate its own temperature and body temperature continues to rise. Symptoms of heat exhaustion include flu-like symptoms such as paleness, sweating, nausea, and vomiting.

"Often, we respond to people who are going about their regular work or daily activities, but don't realize how quickly heat can affect them," said John Farris, a Paramedic with MedStar EMS. "If you're going to be doing anything outdoors during the high-temperature summer months, we recommend drinking plenty of water and frequently cooling off in the shade or indoors."

For more heat safety information, visit MedStar's 90 Days of Summer guidelines at www.medstar911.org/press-releases

Before....



MedStar employees Joe Pruitt, Lonna Minardi and Laura and Nathan Chapin transform Mr. Stefano's stairs!

After!



