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LIFE & ARTS > HEALTH Monday, Jul 27, 2009

Health

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Buzz up!

Ambulance provider offers tips on heat-related safety

BY NATHANIEL JONES
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Fort Worth's MedStar EMS has responded to nearly 10 heat-related calls this summer that have involved children.

Though recent rains have cooled the area down a little from its recent 100-degree-plus temperatures, MedStar reminds residents that children and pets are still at risk of heat-related injuries.

It's much too hot to leave a child or pet in the heat, even for a few minutes, MedStar warns.

A recent experiment showed that temperatures quickly reached 122 degrees in a vehicle during a 97-degree day this month.

MedStar also reminds residents to follow its 90 Days of Summer Safety campaign at www.medstar911.org.

Each week until Sept. 7, the ambulance company will offer heat-related tips, including how to avoid a heatstroke.

From 1998 to 2007, about 365 children, most of them 3 and younger, died from heatstroke while being left in hot cars, according to Safe Kids USA.

To learn more MedStar asks residents to go to www.medstar911.org each week for the latest summer safety topic.

NATHANIEL JONES, 817-390-7635

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