

## About Your Ambulance Call

09/09

Your MedStar ambulance crew is providing this brochure because we are concerned about your health and safety. Please review this guide for information and advice regarding your condition or injury.

The assessment and treatment given to you may not provide all of the medical care required for your condition. Additional treatment at a hospital or by a doctor may be necessary to ensure your health and recovery. Get needed medical attention as soon as possible.

The advice and instructions contained in this brochure are not a substitute for definitive and comprehensive treatment. When needed, we encourage you to seek additional help by contacting your doctor or medical facility, going to the emergency room or contacting the ambulance again by calling 9-1-1.

If appropriate, inform your doctor that MedStar was called and provide the information the ambulance crew recorded on this brochure.

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Notes by crew:**

**Fainting**



## Managing Care After Injury or Illness



# Fainting

*Fainting or “passing out” may frequently be explained or dismissed by the circumstances prior to the event. However, it can also be a sign of a serious and undiagnosed medical condition.*

## What To Watch For

**If you have decided not to be transported by MedStar to a medical facility, we encourage you to seek immediate medical help if any of the following develop after a fainting episode:**

- Chest pain, back pain, or difficulty breathing
- Feeling faint, light headed, dizzy, or profoundly weak
- A severe headache, stiff neck, nausea or vomiting
- Any unusual changes in senses such as loss of sight or hearing
- Confusion or unexplained sudden changes in personality or behavior
- Unexplained falling or loss of balance
- Any evidence of blood in your urine or stool

## Consider These Actions

- Refrain from driving a motor vehicle, operating machinery, or engaging in strenuous physical activity for the next several hours or longer until you feel back to normal.
- Drink plenty of water or non-alcoholic fluids if the fainting was due to dehydration or heat exposure.
- Immediately stop your activity and sit or lie down if you feel faint again.
- Contact your doctor if any symptoms continue or there is a question about taking your medications.
- **If needed, seek additional help by contacting your doctor or medical facility, going to the hospital emergency room or contact the ambulance again by calling 9-1-1.**